HALLSVILLE ISD

STUDENT HEALTH ADVISORY

COUNCIL

Meeting Minutes

January 23, 2023

Chairperson – Rebecca Anguiano

In attendance:

Michele Barron, RN Tracey Dewoody

Amy Whittle Jacob Trest

Rebecca Anguiano

Courtney Thomas

James Goulden

* Meeting began at 4:35pm in Room 2 at Junior High; Announced that meeting would be recorded
* Motion to approve minutes made by Tracy Dewoody; 2nd by James Goulden
* *Discussion Points to Note:*
	+ WellSAT 3.0 Assessment – The WellSAT addresses items such as nutrition, physical activity, etc. The HISD Wellness Policy should reflect all items within the WellSAT and, after review, Amy Whittle advised that there are items that need to be added such as “wellness promotion and marketing”. These additions to the HISD Wellness Policy will be discussed at the next SHAC meeting.
	+ Focus of this year will be Social Media. Chairperson Anguiano gave a recap of last meeting’s discussion and introduced guest speaker Danieli Parker.
	+ Per Parker, HISD has several social media safe guards and information about applications already in place (see links attached below). Digital Citizenship was implemented district wide; SEL Lessons for elementary age on how to treat others; December 2022’s SMORE that was emailed to families in the district featuring digital safety. Mrs. Parker also says that Google has a good program called “Be Internet Awesome” that helps with discussion starters between parents and children. Go Guardian is installed on all district Chromebooks. HISD has spent thousands of dollars on school technology and the safety of such.
		- [Digital Family Safety Newsletter](https://www.smore.com/kvetg)
		- [HISD Technology Parent and Student Supports](https://sites.google.com/hisd.com/hisd-tech/for-parents-and-students)
		- [HISD Parent Resources](https://sites.google.com/hisd.com/parent-technology-help)
		- [Google Family Link](https://families.google/familylink/)- Parent resources and information
	+ Officer Trest discussed how the HISD Technology department can, through the WIFI, block the use of certain apps, which would actually allow parents to track app usage better. Many, if not most, of students rely on the WIFI service for phone usage. Blocking apps not only helps keep students safe and focused on school, but may help them set media usage boundaries
	+ Mrs. Dewoody, who teaches at the HS, notes that there is a ‘No phone in class’ policy that was implemented this school year, but to be successful teachers and staff must make students abide by this.
	+ Mr Goulden asked the members about discerning which apps to restrict and if some are required for use in school. Mrs. Parker stated that NearPod is a district approved educational app that is safe and online sites can be accessed on the district Chromebooks. There should be no reason for students to *need* the use of their phone while in school. Officer Trest suggested that if a teacher needed students to access an application outside these boundaries, possibly a consent form could be created allowing for a proposal to be presented explaining why the app is needed.
	+ Amy Whittle states she will discuss all of the above with HISD’s IT department and Superintendent Martin and discuss steps moving forward at next meeting.
* Planning has begun for a Parent Conference which may be held in August. The conference would allow parents to attend various speakers/content that they feel would be most important to their students and families. More information to come.
* Motion to adjourn made by Tracy Dewoody at 5:40 pm; seconded by Jacob Trest
* Next Meeting: March 20, 2023; 4:30-5:30pm at the Junior High, Room 2 (snacks provided)

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